

# COMPASSIONATE COMMUNICATION WITH PEOPLE LIVING WITH ALZHEIMER'S DISEASE OR DEMENTIA: HANDOUT

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1. What is dementia?
2. What changes?
3. Beyond Words: Body language  
Tone of voice  
Content of the words
4. Compassionate
5. Communication: Be a good listener  
Facilitate a connection  
Check the environment  
Adjust your approach  
Focus on remaining skills
6. Do's
7. Don'ts
8. Quotes and Questions

For support and information contact the Northern Arizona Alzheimer's Association: 928-771-9257  
Suggested Reading: Validation Breakthrough by Naomi Feil  
and Still Alice by Lisa Genova