

**Presentor:** 

**Pastor Jarrod** 





### Disclaimer

Not exact

Outsider looking in

Lets try not to over generalize

Death can be scary let's support each other

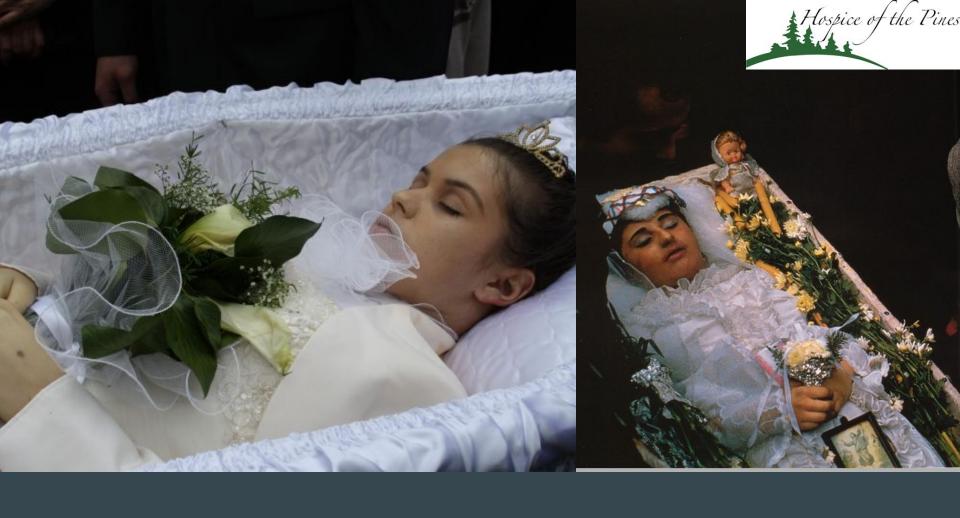


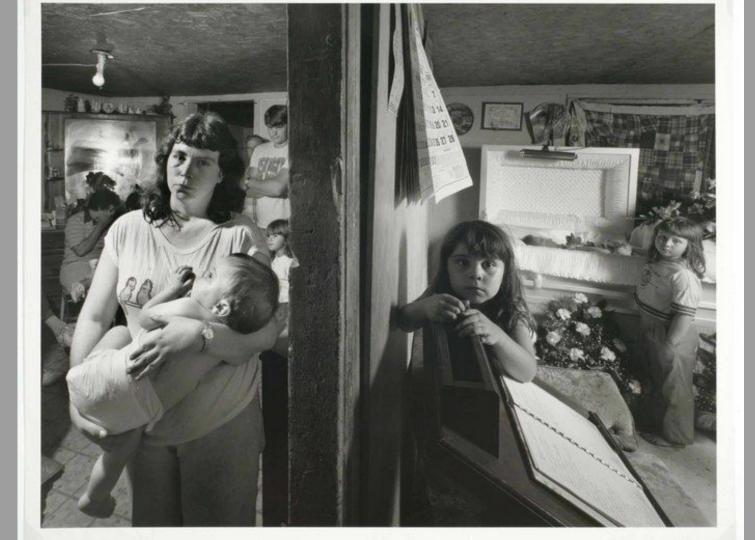
## **Avoiding Death**

Why do Americans Avoid conversations about death?

"It is the denial of Death that is partially responsible for people living empty, purposeless lives"

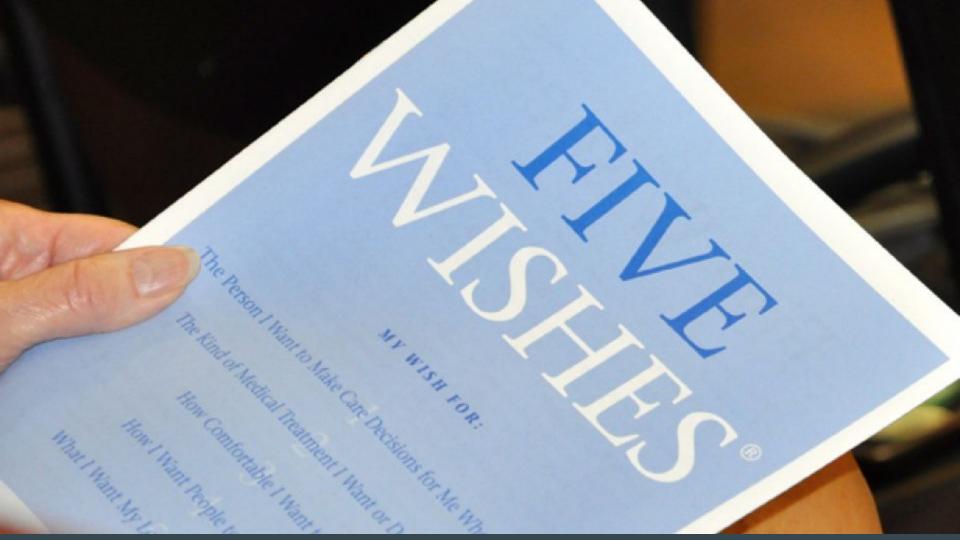














## 5 wishes Explanation

- Addresses a person's emotional, spiritual & personal wishes which makes it different from other advance directives
- Names another person to be your agent & speak on your behalf, with up to two additional people as backup
- Allows you to be specific about the types of treatment you want or may not want

### The 5 Wishes



Wish 1: The person I want to make health care decisions for me when I can't make them for myself

Wish 2: My wish for the kind of medical treatment I want or don't want

Wish 3: My wish for how <u>comfortable</u> I want to be

Wish 4: My wish for how I want people to treat me

Wish 5: My wish for what I want my loved ones to know





# Wish #1 The person I want to make healthcare decisions for me when I can't make them for myself

- Also known as a "health care power of attorney" or "health care proxy"
- Allows you to name a person to make health care decisions for you if you're unable to speak for yourself. You can also name two alternates.
- Choose the person who will honor your wishes and stand up for you. That person may or may not be a relative.
- Health care agent can interpret the instructions you give in Five Wishes and make decisions based on his/her understanding of your wishes and values.
- Legal requirements: At least 18 years old; not a health care provider or the spouse or employee of a healthcare provider; a person who can pay adequate attention to your needs

### Wish #2 My wish for the kind of medical treatment I want or don't want

- This part is commonly known as a "living will."
- Allows each person to define what life support treatment means to him or her. People may customize this definition by writing on the blank lines.
- Expresses general instructions for your health care providers and caregivers, such as providing medicine for pain.
- Clarifies your wishes in several scenarios (terminal condition, coma, severe brain damage, etc.).
- Gives you space to write additional instructions based on your personal beliefs

## Wish # 3 My wish for how comfortable I want to be

- Stresses that you want your pain managed properly On a scale of 0-10, where do you want to be? Max and Minimum
- You can express your choices for types of care, such as having a cool, moist cloth placed on your forehead if you have a fever, etc...
- Asks that you be given information about Hospice and comfort care

## Wish #4 My wish for how I want people to treat me

- What others should keep in mind if you become seriously ill
- Whether you want to have people around or your hand held when possible
- Whether you want prayers said or music played
- Ideas for your surroundings, such as having pictures of loved ones nearby

#### Wish #5 My wish for what I want my loved ones to know

- A truly unique part of Five Wishes that deals with "closure" matters or "unfinished business"
- Encourages you to express matters of deep importance in an age where families often live apart
- Allows you to offer love and forgiveness to those who may have hurt you
- Communicates practical matters such as preferences for memorial or burial