



5 Wishes

The Circle of Life

Presenter:
Pastor Jarrod
Hospice of the Pines

Disclaimer

Not exact

Outsider looking in

Lets try not to over generalize

Death can be scary let's support each other

Avoiding Death

Why do Americans Avoid conversations about death?

“It is the denial of Death that is partially responsible for people living empty, purposeless lives”









FIVE WISHES[®]

MY WISH FOR:

The Person I Want to Make Care Decisions for Me When I Am Not Able

The Kind of Medical Treatment I Want to Receive

How Comfortable I Want to Be

How I Want People to Treat Me

What I Want My Last Moments to Be Like

5 wishes Explanation

- Addresses a person's emotional, spiritual & personal wishes which makes it different from other advance directives
- Names another person to be your agent & speak on your behalf, with up to two additional people as backup
- Allows you to be specific about the types of treatment you want or may not want

The 5 Wishes



Wish 1: The person I want to make health care decisions for me when I can't make them for myself

Wish 2: My wish for the kind of medical treatment I want or don't want

Wish 3: My wish for how comfortable I want to be

Wish 4: My wish for how I want people to treat me

Wish 5: My wish for what I want my loved ones to know

Group activity



Wish #1 The person I want to make healthcare decisions for me when I can't make them for myself

- Also known as a “health care power of attorney” or “health care proxy”
 - Allows you to name a person to make health care decisions for you if you're unable to speak for yourself. You can also name two alternates.
- Choose the person who will honor your wishes and stand up for you. That person may or may not be a relative.
- Health care agent can interpret the instructions you give in Five Wishes and make decisions based on his/her understanding of your wishes and values.
- Legal requirements: At least 18 years old; not a health care provider or the spouse or employee of a healthcare provider; a person who can pay adequate attention to your needs

Wish #2 My wish for the kind of medical treatment I want or don't want

- This part is commonly known as a “living will.”
- Allows each person to define what life support treatment means to him or her. People may customize this definition by writing on the blank lines.
- Expresses general instructions for your health care providers and caregivers, such as providing medicine for pain.
- Clarifies your wishes in several scenarios (terminal condition, coma, severe brain damage, etc.).
- Gives you space to write additional instructions based on your personal beliefs

Wish # 3 My wish for how comfortable I want to be

- Stresses that you want your pain managed properly On a scale of 0-10, where do you want to be? Max and Minimum
- You can express your choices for types of care, such as having a cool, moist cloth placed on your forehead if you have a fever, etc...
- Asks that you be given information about Hospice and comfort care

Wish #4 My wish for how I want people to treat me

- What others should keep in mind if you become seriously ill
- Whether you want to have people around or your hand held when possible
- Whether you want prayers said or music played
- Ideas for your surroundings, such as having pictures of loved ones nearby

Wish #5 My wish for what I want my loved ones to know

- A truly unique part of Five Wishes that deals with “closure” matters or “unfinished business”
- Encourages you to express matters of deep importance in an age where families often live apart
- Allows you to offer love and forgiveness to those who may have hurt you
- Communicates practical matters such as preferences for memorial or burial