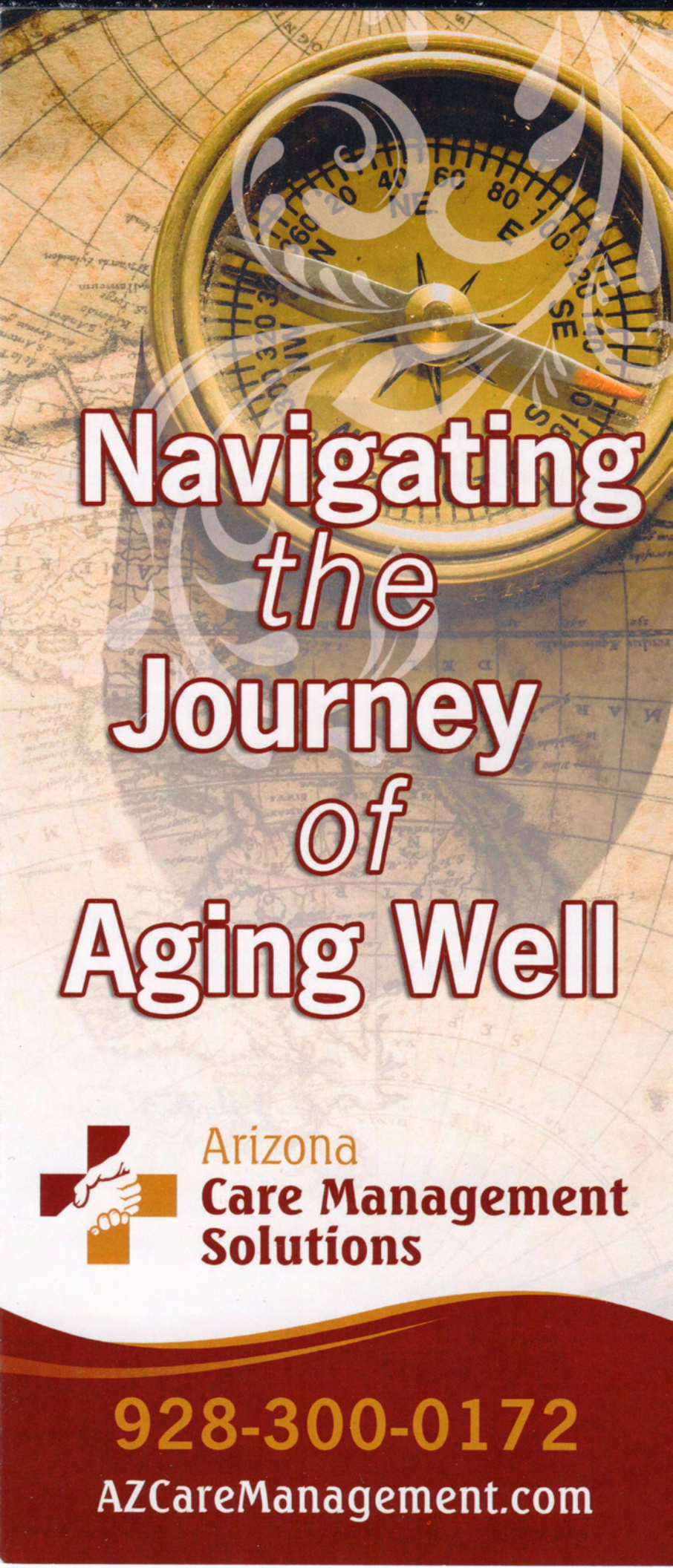




Navigating *the* Journey *of* Aging Well



Arizona
**Care Management
Solutions**

928-300-0172

AZCareManagement.com



Arizona Care Management Solutions

WHAT IS A CARE MANAGER?

A care manager is dedicated to helping clients age well while also supporting quality of life for family members. This phase of a family's journey together is often complicated. There is more to do than there is time. Relatives may live far away. Relations can become strained.

“ OUR PROFESSIONAL TRAINING & KNOWLEDGE OF BEST PRACTICES CAN EASE THE JOURNEY. ”

Every family is unique. As care managers, we apply our insights and skills in 8 key areas to provide you with a positive care plan tailored to your family's individual needs and strengths.



We offer expertise regarding:

ADVOCACY:

Our comprehensive knowledge of the disjointed health care system allows us to monitor quality and lobby for the care and treatment your family wants.



HEALTH & DISABILITY:

Through assessments and experience, we can help you understand what your loved one does well, and in what areas he or she could use additional help.

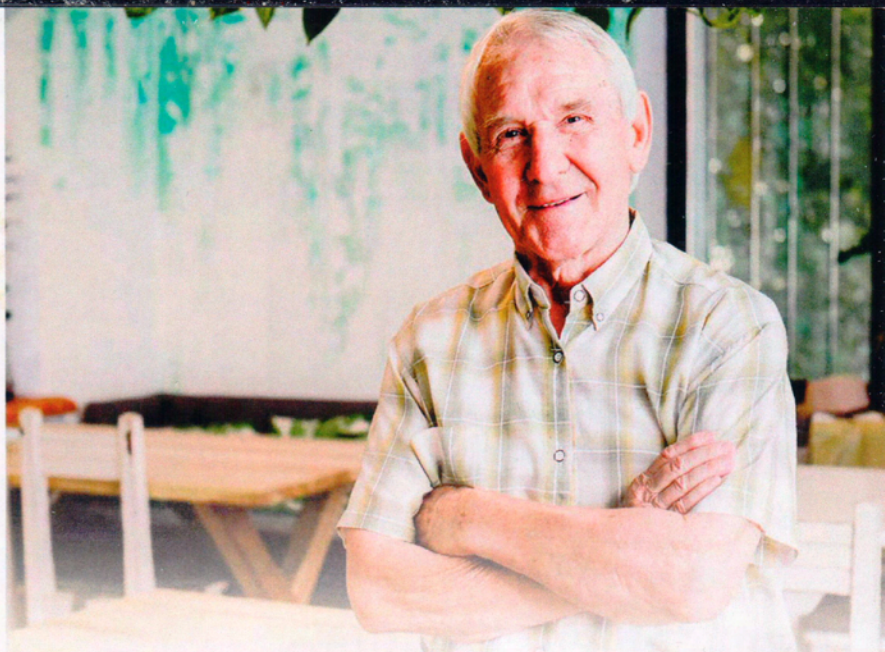
FAMILY:

Sibling disagreements and old family history often make the aging journey difficult. Our training provides for skilled facilitation of family meetings and creation of a plan that takes everyone's needs into account.



FINANCES:

A review of the current monetary situation will result in a plan to make resources stretch as efficiently as possibly while maintaining the desired level of comfort, dignity and safety.



HOUSING:

Based on the assessments, recommendations can be made for optimal living situations now, with a view to likely changes in the foreseeable future.



CRISIS INTERVENTION:

The unexpected is simply a fact of life in aging. We are experienced with elder emergencies and are ready to jump in at a moment's notice.

LOCAL RESOURCES:

There are programs available to help, but it's difficult to know which one is the most appropriate for your situation. Save time and money by letting us objectively evaluate the situation and connect you to the resources best suited to your needs.



LEGAL:

Let us help you identify issues and get key paperwork in order.



Arizona Care Management Solutions

provides long term care management and quality consulting with a supportive team. Our team provides a collaborative process of assessment, benefit and care planning, facilitation, and advocacy to meet your personal needs. Through effective communication and available resources we can help navigate the fast changing environment of healthcare as it relates to your journey of aging.





**Serving the Verde Valley, Phoenix,
and Prescott/Quad Cities**

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