



Arizona Care Management Solutions

provides long term care management and quality consulting with a supportive team. Our team provides a collaborative process of assessment, benefit and care planning, facilitation, and advocacy to meet your personal needs. Through effective communication and available resources we can help navigate the fast changing environment of healthcare as it relates to your journey of aging.



1759 E Villa Drive, Suite 111,
Cottonwood, AZ 86326

928-300-0172



Arizona
Care Management
Solutions

AZCareManagement.com

Navigating *the* Journey *of* Aging Well



Arizona
Care Management
Solutions

928-300-0172

AZCareManagement.com



Arizona Care Management Solutions

WHAT IS A CARE MANAGER?

A care manager is dedicated to helping clients age well while also supporting quality of life for family members. This phase of a family's journey together is often complicated. There is more to do than there is time. Relatives may live far away. Relations can become strained.

“OUR PROFESSIONAL TRAINING & KNOWLEDGE OF BEST PRACTICES CAN EASE THE JOURNEY.”

Every family is unique. As care managers, we apply our insights and skills in 8 key areas to provide you with a positive care plan tailored to your family's individual needs and strengths.



We offer expertise regarding:

HEALTH & DISABILITY:

Through assessments and experience, we can help you understand what your loved one does well, and in what areas he or she could use additional help.

\$ FINANCES:

A review of the current monetary situation will result in a plan to make resources stretch as efficiently as possible while maintaining the desired level of comfort, dignity and safety.

HOUSING:

Based on the assessments, recommendations can be made for optimal living situations now, with a view to likely changes in the foreseeable future.



FAMILY:

Sibling disagreements and old family history often make the aging journey difficult. Our training provides for skilled facilitation of family meetings and creation of a plan that takes everyone's needs into account.



LOCAL RESOURCES:

There are programs available to help, but it's difficult to know which one is the most appropriate for your situation. Save time and money by letting us objectively evaluate the situation and connect you to the resources best suited to your needs.

ADVOCACY:

Our comprehensive knowledge of the disjointed health care system allows us to monitor quality and lobby for the care and treatment your family wants.



LEGAL:

Let us help you identify issues and get key paperwork in order.

CRISIS INTERVENTION:

The unexpected is simply a fact of life in aging. We are experienced with elder emergencies and are ready to jump in at a moment's notice.



Arizona Care Management Solutions

WHAT IS A CARE MANAGER?

A care manager is a professional who is dedicated to assessing a patient's needs, creating a personalized care plan and supporting quality of life for your loved one. Navigating the journey of aging is often complicated and involves all family members. There is so much to consider, and often, there is *more to do than time*.

Our professional training and knowledge of best practices can ease the journey.

Every family is unique. As care managers, our team of professionals apply insights and skills in 8 key areas to providing you with a positive care plan, tailored to your family's individual needs and strengths.

We offer expertise regarding:

Advocacy:

Our comprehensive knowledge of the complex healthcare systems allows us to become your specialized advocate. Our team cultivates relationships with healthcare providers and will monitor the quality of care and treatment at all times.

Health & Disability:

Through assessments and experience, our team can help you understand what your loved one does well, and in what areas he or she could use additional help.

Family:

Sibling disagreements and old family history often make the aging journey difficult. Our training provides for skilled facilitation of family meetings and creation of a plan that takes everyone's needs into account.

Finances:

An assessment of your current monetary condition allows our team to develop a plan that leverages all resources. The goal is to stretch

them as efficiently and effectively as possible, while providing a desired level of comfort, dignity and safety to the aging adult.

Housing:

Based on the assessments, recommendations can be made for optimal living situations now, with a view to potential changes in the foreseeable future.

Crisis Intervention:

The unexpected is simply a fact of life in aging. Our team is experienced with elder emergencies and are ready to jump in at a moment's notice.

Local Resources:

There are programs available to help, but it's difficult to know which one is the most appropriate for your situation. Our team can save you time and money by objectively evaluating your situation and linking you to programs and entitlements that are best suited to your needs.

Legal:

Let our team assist you in identifying age-related legal documents that are critical to have completed as you age.



Arizona Care Management Solutions specializes helping aging adults and their families to live well throughout the aging process. Give us a call at **928-300-0172** to discuss the many ways we can help you.

928-300-0172

AZCareManagement.com